

The Sag Harbor Express.

Thursday, November 3, 2011

BITS & BANTER

LET THE TASTING BEGIN

November is foodie heaven—brussels sprouts, broccoli, cauliflower and squashes all coming in just ahead of Thanksgiving. For those who like to get out of the kitchen and sample what's fresh at local restaurants, Long Island Restaurant Week makes its fall return starting this Sunday, its \$24.95 prix-fixe extending through next Sunday.

On the South Fork, 15 restaurants are participating: Almond and Copa in Bridgehampton; Fresno, Michaels' Maidstone Bar and Restaurant, Nick & Toni's, Serafina, 1770 House and The Living Room in East Hampton; Gulf Coast and Gurney's Sea Grille in Montauk; The Chequit Inn and La Maison Blanche on Shelter Island; little/red and red/bar in Southampton and Muse in Water Mill.

For those who find quenching their thirst more interesting, the Parrish Art Museum's Business Council offers "The Art of the Brew" tomorrow night from 6 to 8 p.m. It's an "evening of beer and other artisanal tastings," with samples of craft beers from 11 New York breweries (including Blue Point Brewing Company, Great South Bay Brewery, Greenport Harbor Brewing Company and Southampton Publick House) along with hors d'oeuvres and cheeses. Tickets are \$50 (\$40 for Parrish members).